





# BAYOU HEALTH Plans

Compare extra benefits and choose one plan for each family member

**Questions? Call 1-855-BAYOU-4U (1-855-229-6848)**

*The Louisiana Department of Health and Hospitals (DHH) has tried to make this chart as accurate and complete as possible. However, because it must rely on the various Health Plans to provide this information, DHH cannot guarantee its accuracy. You can learn more about the Health Plans by contacting them directly.*

<div></div> <div><p>1-800-600-4441   TTY 1-800-855-2880 www.myamerigroup.com/la</p></div> <div><p><b>Unlimited visits</b> to your primary care physician for <b>all</b> members.</p><p><b>Free Weight Watchers® meetings</b> for qualified members age 18 and older.</p><p><b>Free Entertainment® discount coupons</b> to top local and online retailers.</p><p><b>Free Parents® magazine subscription</b> for eligible families.</p><p><b>Free SafeLink cell phone minutes</b> for qualified members.</p><p><b>Free hypoallergenic bedding:</b> Up to \$100 of bedding to help qualified members avoid common asthma triggers.</p><p><b>Free personal disaster kit</b> for members who complete an online profile.</p><p><b>Fitness program:</b> Qualified families can take part in our nutrition and fitness program; includes 10 weeks of classes.</p><p><b>Quit smoking program:</b> Includes coaching and nicotine replacement products.</p><p><b>Taking Care of Baby and Me®:</b> Up to \$65 in gift cards for pregnant women who complete prenatal and postpartum care.</p><p><b>Respite care for caregivers:</b> Eligible caregivers of members can get up to 8 hours of respite services each month.</p><p>We help you manage conditions like <b>asthma, coronary artery disease, diabetes</b> and <b>obesity</b>.</p></div>	<div></div> <div><p>1-855-247-5248   TTY 1-866-907-4856 www.louisiana.chsamerica.com</p></div> <div><p><b>Unlimited visits</b> to primary doctor or clinic for <b>all</b> members.</p><p><b>Healthy Habits, Healthy Rewards Card:</b> A prepaid debit card that gets reloaded each time you exhibit healthy habits:</p><ul style="list-style-type: none"><li>▪ <b>Up to \$30</b> upon first office visit, including first prenatal visit</li><li>▪ <b>\$10</b> for adult wellness screenings</li><li>▪ <b>\$10</b> for diabetics who get blood screening (hemoglobin A1C) yearly</li><li>▪ <b>\$10</b> for parents/guardians of children and adolescents who get yearly well child visits</li><li>▪ <b>\$10</b> for each postpartum visit within 50 days of delivery</li><li>▪ <b>Up to \$30</b> annual bonus for completion of a personalized disease management program or <b>Baby Solutions</b> maternity program</li></ul><p><b>Healthy Habits, Healthy Rewards Online:</b> An online community where members can spend their Healthy Habits, Healthy Rewards Card featuring hundreds of local and online retailers, offering healthcare, food, clothing, lifestyle and entertainment.</p><p><b>Nurses</b> to help you manage your disease and get access to care and community programs.</p><p>Members can participate in individualized health education programs on <b>asthma, COPD, diabetes, sickle cell, lung disease</b> and <b>heart disease</b>.</p></div>	<div></div> <div><p>1-888-756-0004   TTY 1-866-428-7588 www.lacarelouisiana.com</p></div> <div><p><b>Unlimited visits</b> to primary care physician or clinic for <b>all</b> members.</p><p><b>Adult dental: 1 yearly dental exam and cleaning</b> for adults at no cost.</p><p><b>Adult vision: 1 routine eye exam</b> every 2 years for adults with \$10 co-pay; <b>\$40 allowance</b> (frame and lenses) for 1 pair eyeglasses for adults every 2 years.</p><p><b>LaCare Rewards free over the counter products</b> mailed directly to home for the following:</p><ul style="list-style-type: none"><li>▪ <b>All member households: \$25 in products</b> each year following plan orientation</li><li>▪ <b>Diabetics: \$25 in products</b> to members who get blood, blood pressure, and other yearly tests; <b>\$25 in products</b> for getting yearly eye exam</li><li>▪ <b>High blood pressure: \$25 in products</b> per quarter to members in high blood pressure management program who reach targets</li><li>▪ <b>Children ages 3-18: \$15 per child in products</b> for parent/guardian of children who get yearly well-child check-ups</li><li>▪ <b>Pregnant moms: Up to \$75 in pre-natal/maternity items</b> for reaching plan milestones</li></ul><p>Nurses teach you about and help you manage your <b>asthma, diabetes, heart disease, lung disease, sickle cell, and pregnancy</b>.</p></div>	<div></div> <div><p>1-866-595-8133   TTY 1-877-285-4514 www.LouisianaHealthConnect.com</p></div> <div><p><b>Unlimited visits</b> to your primary care provider or clinic for <b>all</b> members.</p><p><b>CentAccount®: Bonus rewards</b> in your personal pre-paid account. With healthy habits, you can receive:</p><ul style="list-style-type: none"><li>▪ <b>Up to \$30</b> for regular, annual child check-ups</li><li>▪ <b>\$10</b> for each adult wellness screening</li><li>▪ <b>\$10</b> for pregnancy visits and for participants in case management</li><li>▪ <b>\$10</b> for each visit after your baby is born</li><li>▪ <b>\$20</b> for managing your diabetes</li></ul><p><b>MemberConnections®: Personal helpers</b> for assistance you may need such as:</p><ul style="list-style-type: none"><li>▪ <b>Access to care</b></li><li>▪ <b>Choosing a doctor</b></li><li>▪ <b>Help with food, clothing or housing</b></li></ul><p><b>Start Smart for Your Baby®: Special benefits</b> and support for keeping pregnant moms and their baby healthy.</p><p>We offer you personal support and extra services for treating and controlling <b>asthma, diabetes, and heart disease</b>.</p><p>With our Healthy Lifestyles programs you can get help to <b>stop smoking, lose weight or control your weight</b>.</p><p>If you're <b>pregnant</b>, we give you special care to make sure you and your baby are healthy.</p></div>	<div></div> <div><p>1-866-675-1607   TTY 1-866-640-7005 www.UHCCommunityPlan.com</p></div> <div><p><b>Unlimited visits</b> to your primary care physician for <b>all</b> members.</p><p><b>\$20 gift card</b> may be offered to members who complete a PCP office visit within 90 days of enrollment.</p><p><b>\$20 gift card</b> for well child visits in the child's 3rd, 4th, 5th or 6th year of life.</p><p><b>Pregnant moms:</b> Get important information about your baby's health with programs like Healthy First Steps.</p><p><b>Community outreach:</b> Go to regular health education events hosted in your local community:</p><ul style="list-style-type: none"><li>▪ UnitedHealthcare and Sesame Street's <i>Food for Thought</i>, "A" is for Asthma and "Get the Lead Out!" health education programs for children</li><li>▪ Dr. Health E. Hound, our health mascot, visits schools and community events to deliver important health tips to kids</li><li>▪ 4-H and UnitedHealthcare teach school kids healthy habits with diet and exercise</li></ul><p>If you have <b>asthma, diabetes</b> or another long-term illness, a Personal Care Manager will help you manage your health and receive incentives for completing preventative programs.</p></div>
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